

● JANUARY 2024

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ELECTRIC COOPERATIVE LIVING

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director candidates**

**How co-ops prepare for
extreme weather**

New Year's resolution recipes

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ON THE COVER

Special thanks to Sherry Moffit, a T.I.P. REC member-consumer, for supplying this month's cover image. Submit high-resolution photos for consideration to editor@ieclmagazine.com. You could receive \$100!

NEW YEAR'S MESSAGE TO STATE LEGISLATORS: IF IT ISN'T BROKEN...

BY KEVIN CONDON



As a new year begins, so will the 2024 legislative session of the Iowa General Assembly. And as always, Iowa's electric cooperatives will have a strong presence at the Iowa Statehouse to ensure lawmakers and their constituents understand clearly how policy proposals will impact rural Iowans. For more than 80 years, the Iowa Association of Electric Cooperatives has advocated on behalf of our members so state legislators can make informed decisions.

Protecting electric cooperative members

This year, Iowa's electric co-ops are not proactively seeking significant changes to Iowa laws but are instead taking a "do no harm" message to Iowa policymakers. While there are tremendous challenges ahead in the energy industry, most of those debates occur on the national stage and will take place outside the halls of the Iowa Capitol.

Iowa lawmakers have gotten it right over the past several years as it pertains to setting the state's energy strategy. Iowa electric co-ops can provide reliable power to our member-consumers without unnecessary interference from the state government. In Iowa, we have established a positive balance between central regulatory compliance and local flexibility.

Avoiding unnecessary regulations

Iowa's electric cooperatives are prepared for various ideas to resurface from the last session, in addition to untangling new ideas that may be introduced in this session. Threats to Iowa's service territory laws are ongoing and real. Calls to "deregulate" Iowa's electric boundaries under the guise of "competition and choice" will result in higher electric bills for homes and farms, while "Big Data" tech companies laugh all the way to the bank.

We also expect to hear the phrase "integrated resource plans" (IRP) quite a bit this year. IRPs are simply a "wolf in sheep's clothing" effort from special interest groups to take decision-making authority away from your local utility and shutter reliable power generation assets well before their useful life is up.

While the threat of rolling blackouts is real in many regions of the country, now is not the time to irresponsibly close dispatchable power plants. The Iowa Legislature shouldn't require IRPs but instead could expand our energy strategy to incorporate even more of an "all the above" approach to include nuclear generation and energy storage technologies.

Focusing on safety threats

Unfortunately, we must also be concerned about threats to the safety of our electric infrastructure. Iowa electric co-ops follow the National Electric Safety Code (NESC) guidance

on overhead line clearances to accommodate large agricultural and industrial equipment. There appears to be efforts to remove liability from a person who negligently damages electric infrastructure if contact is made, and they can prove the line was outside the NESC guidelines.

Safety is paramount at your co-op, and we are concerned about changing the law in a way that would almost encourage an equipment operator to hit a power line rather than simply call the co-op to move it.

We look forward to having respectful and productive discussions with state legislators again this year. We wish Iowa lawmakers a happy and successful new year and hope that they'll remember the old saying when it comes to energy policy: *If it isn't broken, don't fix it.*

Kevin Condon is the director of government relations for the Iowa Association of Electric Cooperatives.

EDITOR'S CHOICE CONTEST

WIN AN ALL-CLAD IMMERSION BLENDER!

Make quick work of countless food-prep tasks with All-Clad's high-performance immersion blender, which offers superior versatility and unsurpassed efficiency. Its powerful motor blends foods in seconds, from thick milkshakes and homemade mayonnaise to baby food and delicate sauces.

Visit our website and win!

Enter this month's contest by visiting www.ieclmagazine.com no later than Jan. 31. You must be a member of one of Iowa's electric cooperatives to win. There's no obligation associated with entering, we don't share entrant information with anyone and multiple entries from the same account will be disqualified. The winner of the Ring spotlight security camera from the November issue was Tina Nelson, a Consumers Energy member-consumer.



ENTER ONLINE BY JAN. 31!

THE TIME TO SERVE YOUR CO-OP IS NOW

BY GARRETT THOMPSON



Franklin REC board members are community-minded individuals with a variety of skill sets who give their time and talent to guide our cooperative's business. We rely on their diverse backgrounds to help us make informed decisions on long-term

priorities and investments, and we consider them the eyes and ears of the community.

We recognize it takes many people with different skills to create a well-rounded board that can represent the full spectrum of our community. That's why we're seeking new directors who can bring their perspective, experience, expertise and views to our business. Above all else, we're looking for folks who love our community and want to see it thrive now and in the future.

What does it mean to serve on the board?

While day-to-day decisions are made by co-op staff, major decisions are made by the board. The board's primary mission is to look out for the vitality of the co-op and the community it serves.

On a granular level, our board members typically provide input and guidance on:

- Budgets
- Co-op goals and direction
- Co-op's community and charitable contributions
- Capital investments and upgrades in equipment and technology

- Renewable investments and energy mix
- Co-op's role and involvement in economic development

Board members regularly meet with state and federal legislators to advocate on behalf of our members regarding issues that may affect our co-op.

Opportunity to serve

Our board elections will be held in April in accordance with our annual meeting. Three directors will be on the ballot – one from each district. Directors serve three-year terms. While you don't need to be an expert in electricity or business to run, you do need to have a passion for the community and a willingness to actively serve and learn. Our board meets monthly, and we offer specialized training opportunities to help board members make informed decisions.

Please consider giving back to your community by running in our 2024 co-op director elections. To learn more about the process and details, call us at 641-456-2557 or email franklinrec@franklinrec.coop.

Garrett Thompson is the general manager/CEO of Franklin REC.

FROM YOUR BOARD ROOM

During the November meeting, Franklin REC directors:

- Approved work orders and special equipment capitalization of \$177,937.47
- Approved an update on CoBank incumbency certificate
- Approved renewal of CoBank line of credit
- Approved 2024 Franklin REC budget
- Approved patronage retirements as presented



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Hampton, IA 50441

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Closed Saturdays, Sundays and holidays

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641-456-2557
Calls answered 24/7

Secure Pay-by-Phone Number
1-844-344-4370

Website
www.franklinrec.coop

This institution is an equal opportunity provider.

MAKE YOUR VOICE HEARD.

Vote in the 2024 Director Election.

Let your voice be heard!
Be sure to vote during your 2024 Franklin REC board of director elections on April 2.

SAVE THE DATE—DIRECTOR ELECTIONS

MAINTAIN CLEAR ACCESS TO FRANKLIN REC EQUIPMENT DURING SNOW ACCUMULATION

As snow accumulates, please keep a clear path to all Franklin REC equipment at your service location. According to our tariff, it is the duty of the member-owner to allow and maintain proper access to all Franklin REC equipment year-round. By obstructing the pathways to any pole or equipment, our linemen cannot perform the routine maintenance work necessary to ensure reliable service to your location.

If a power outage impacts your service location, Franklin REC may be unable to make the necessary repairs until a pathway is clear and safe. Section 6.2.2 of the Franklin REC tariff states: "Electric service may be disconnected for failure of the member-consumer to permit the Cooperative reasonable access to the Cooperative's equipment." We prefer not to have to exercise this right. To ensure the safety of our linemen and provide you with the best service

possible, Franklin REC requests that members remove all items attached to or located near any co-op equipment installed on your property. If you have any questions about this request, please contact the office at 641-456-2557.



NOW ACCEPTING APPLICATIONS FOR HIGH SCHOOL LEADERSHIP TRIP TO D.C.

At Franklin REC, one way we invest in the next generation of rural Iowa leaders is by participating in the national electric cooperative Youth Tour program. The cooperative is seeking a high school sophomore or junior passionate about government and public service to apply for a once-in-a-lifetime trip to our nation's capital in June.

For more than 65 years, Iowa's locally owned electric cooperatives have been sending deserving students to Washington, D.C. This program is

a great resume builder for student leaders and a wonderful opportunity to kick-start one's passion for government affairs or advocacy.

One student will be selected from eligible candidates to attend the all-expense paid 2024 Youth Tour in Washington, D.C., from June 15-21 along with 40 other student leaders from Iowa. The Iowa Youth Tour group will join hundreds of students from across the country as they learn more about electric cooperatives, U.S. history and return home with a

greater understanding of their role as American citizens. Students will also learn about U.S. government and meet with their respective members of Congress. On the trip, students take in the sights of D.C. as they visit monuments, museums and historical landmarks. Students who go on Youth Tour often call it the trip of a lifetime!

Franklin REC is accepting Youth Tour applications from Jan. 1 through Feb. 26. Eligible students must be a high school sophomore or junior, or home-schooled equivalent student, who lives in Franklin REC service territory. If the student attends a school outside our service area, their parent/guardian must be an active member of Franklin REC.


Download the Youth Tour application at www.franklinrec.coop/youth-tour or stop by our office for a printed copy. If you have additional questions regarding the Youth Tour, please contact Christy Mason at cmason@franklinrec.coop or 641-456-2557 for more information.

Students can apply now for a trip to Washington, D.C., from June 15-21!

Area students interested in government and public service are encouraged to apply. Learn more at IowaYouthTour.com



Apply for Youth Tour 2024 by Feb. 26!



RETHINKING ENERGY

HOW USING MORE ELECTRICITY CAN SAVE MONEY AND IMPROVE QUALITY OF LIFE

BY PAUL WESSLUND

Of all the world's changes during the past 30 years, few are as significant as how we use energy.

In the 1990s, new drilling techniques brought a boom in natural gas production. That increase in supply cut prices so much that natural gas started replacing coal power plants, which generated half of the country's electricity. Concern for the environment grew and now renewable energy produces more of our electricity than coal.

Major changes to how we use energy have also come into our homes.

If you go to the movies and forget to turn off your kitchen lights, you can switch them off from an app on your phone. If you're returning from a vacation, you can adjust your thermostat from anywhere so the temperature of your home is comfortable when you get back.

Every vehicle manufacturer is racing to build electric models. Last year, Ford even started producing an electric version of their best-selling pickup truck. And the electric F-150 is more than just being promoted as better for the environment. The ads show it running power tools on a remote job site.

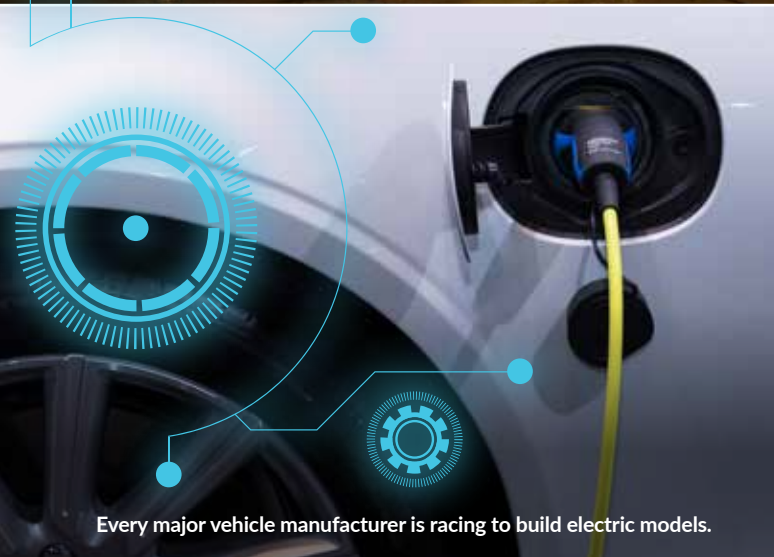
That approach to showing the benefits of an electric vehicle (EV) highlights a whole new way of thinking about energy.

Powering your home with a truck

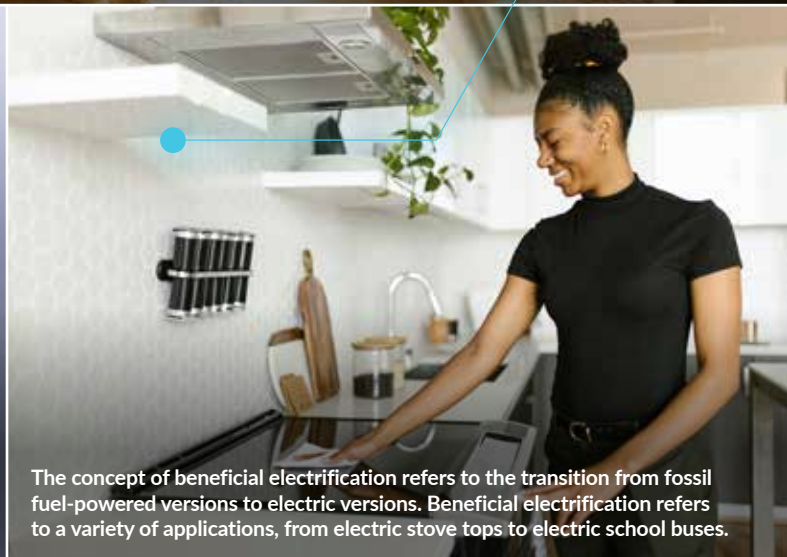
For example, instead of just going out and buying a new pickup truck, you or a business could consider the advantages of electric options. A traditional gasoline-powered model would be best for long trips, but how many miles a day does the truck really travel? What would it be like to plug it in overnight and never have to visit a gas station again? What if it could also power home appliances during a power outage?



Ford's electric pickup, the F-150 Lighting Pro, can even power your home during a prolonged power outage. Photo Credit: Ford



Every major vehicle manufacturer is racing to build electric models.



The concept of beneficial electrification refers to the transition from fossil fuel-powered versions to electric versions. Beneficial electrification refers to a variety of applications, from electric stove tops to electric school buses.

There's a name for that kind of thinking – beneficial electrification. Although that phrase doesn't easily roll off the tongue, the idea is catching on because it's basically a way to get things done better and cheaper.

There's even an organization called the Beneficial Electrification League. The group aims to improve the nation's economy by making broader use of electricity, from heating and cooling homes and businesses to electric school buses, to replacing diesel motors on farm irrigation systems with more efficient electric models.

According to the League, the benefits of electrification are money savings, less impact on the environment, improved quality of life and smoother operation of the nation's increasingly internet-connected electric grid.

One of the clearest effects of switching from fossil fuel to electricity is on environmental impact. Natural gas, coal and oil all produce greenhouse

gases. Electricity uses some fossil fuels to generate power but is increasingly made with renewable energy. So, switching from an internal combustion engine to an EV, for example, will reduce the burning of fossil fuels.

No more gas cans

Utilities are exploring ways to use the growing number of EVs to create a more resilient electric grid. Using smart-grid analytics, all those electric cars sitting in garages and charging overnight could supply power back into the electric system during outages or during times when the demand for electricity is high.

Consumers can consider beneficial electrification for the home as well, to see how electric options might improve quality of life. Replacing lawnmowers, leaf blowers and other yard tools with battery-powered versions would reduce noise and could get all the gas and oil cans out of your garage.

You might love your gas stove and heating system, but do you like

it enough to pay for two forms of energy, with both gas and electric bills coming due even when you're on vacation? Add to that, the continual improvements in electric heat pumps that will both heat and cool your home with an incredible 300% efficiency.

And if you're concerned about power outages, battery backup systems are getting increasingly powerful and efficient. Compared to a gasoline generator, a battery wouldn't need to be "started up" and wouldn't emit poisonous carbon monoxide.

You may not be ready to make the switch to all-electric. These shifts can take time as technology advances and costs become more competitive. But the notion of beneficial electrification offers a new way to evaluate the tools we depend on for everyday life.

Paul Wesslund writes on consumer and cooperative affairs for the National Rural Electric Cooperative Association, the national trade association representing more than 900 local electric cooperatives.

NEW YEAR'S RESOLUTION

RECIPES



BLACK BEAN COOKIE DOUGH ENERGY BITES

- 1 can black beans, rinsed and drained
- 4 medjool dates, pitted
- ¼ cup maple syrup
- 3 tablespoons coconut oil
- 3 tablespoons creamy almond butter
- 3 tablespoons coconut flour
- ⅓ cup cocoa
- 1 teaspoon vanilla
- ½ teaspoon sea salt
- ¼ cup mini chocolate chips

Blend all ingredients except chocolate chips in blender. Stir in chocolate and shape into balls. Chill or freeze. *Serves 20*

Laura DeSmit • Larchwood
Lyon Rural Electric Cooperative

HEALTHY OATMEAL BALLS

- 4 cups old-fashioned oatmeal
- 2 cups peanut butter
- 1 cup honey

In large mixing bowl, add oatmeal and set aside. Microwave honey and peanut butter for 1-2 minutes. Mix until combined. Pour honey mixture over the oatmeal. Form small balls and place on wax paper. Refrigerate for 1 hour. Freezer friendly to pull out for a healthy snack! *Yields 48 small balls*

Deanna Foreman • Rock Valley
North West Rural Electric Cooperative

SUGAR-FREE GRANOLA

- ⅓ cup honey
- 1½ cups Sucanat
- ⅓ cup vegetable oil
- 10 cups oatmeal
- 1 cup dry milk
- 1½ teaspoons cinnamon
- ½ teaspoon salt
- optional toppings: coconut, nuts, raisins

Mix honey, Sucanat and oil in saucepan. Heat until Sucanat is dissolved (oil will separate). Mix all other ingredients in a large cake pan. Pour honey mixture over dry ingredients and stir well. Bake at 375 degrees F for 10-15 minutes. Once cooled, add coconut, nuts and/or raisins, if desired. Store in airtight container. Good as cereal with milk or plain for snacking. *Yields 16-20 cups*

Trina Nester • Rock Rapids
Lyon Rural Electric Cooperative

HEALTHY DRINK

- 1 large banana
- 2 cups orange juice
- 1 tablespoon sugar
- 10 ice cubes

Cut banana into chunks. Mix all ingredients in a blender and blend well. Serve in a glass. *Serves 2*

Denise Anderson • Ocheyedon
Osceola Electric Cooperative, Inc.

BACON-PEA-SWISS SCRAMBLE

- 3 slices bacon
- 5 eggs
- 3-4 tablespoons chicken broth
- chili powder, to taste
- ½ cup frozen peas, thawed and drained
- ½ cup grape tomatoes, halved
- 4 tablespoons Swiss cheese, shredded
- 4 teaspoons parsley

Cook bacon in a skillet, then cut into pieces. In a large bowl, whisk eggs, broth and chili powder. Stir in bacon, peas and tomatoes. Pour mixture into skillet and cook on medium-low heat, stirring until done. Fold in cheese and parsley.

Cook 30 seconds more, then serve immediately. *Serves 2*

**Beth Townsend • Marshalltown
Consumers Energy**

CALIFORNIA POWER BOWL

- ½ red bell pepper, sliced
- ½ red onion, sliced
- 1 tablespoon avocado oil
- ½ teaspoon salt
- 1 dash black pepper
- 1 cup spinach or spring mix
- 1-2 tablespoons lemon juice
- ½ cup cooked brown rice
- ¼ cup corn
- ¼ avocado, diced
- 1 tablespoon raw sunflower seeds
- 1 can tuna, optional

Sauté bell pepper and onion in avocado oil. Season with salt and pepper. Put spinach in a serving bowl and top with lemon juice. Mix in rice and corn. Top with warm peppers and onion. Add avocado, sunflower seeds and tuna, if desired. *Serves 1*

**Anna Domnick • Rock Rapids
Lyon Rural Electric Cooperative**

TERIYAKI CHICKEN & VEGETABLES

- ½ cup olive oil
- ½ cup honey
- ½ cup Bragg's liquid aminos
- 4 boneless, skinless chicken breasts
- 4 cups fresh broccoli florets
- 2 cups carrots, chopped
- 2 cups cabbage, sliced
- rice, optional

Mix first three ingredients together. Cut chicken into chunks and place in a slow cooker. Add vegetables on top. Pour marinade mixture over all ingredients. Cook on high for 2-3 hours, allowing steam to release naturally. Can be served over rice. *Serves 6-8*

**Bethany Van Wyhe • Lester
Lyon Rural Electric Cooperative**

CITRUS-PECAN QUINOA SALAD

- 1½ cups water
- ¾ cup quinoa, rinsed if not prewashed
- 1 lemon
- 2 tablespoons olive oil
- ½ teaspoon salt
- 1 pinch pepper
- 2 cups romaine or greens of choice, chopped
- 1 15-ounce can garbanzo beans or chickpeas, rinsed and drained
- 2 15-ounce cans mandarin orange slices, drained
- 3 mini-cucumbers, washed and sliced
- 1 cup pecan pieces, toasted

In a medium saucepan, bring water to a boil. Add quinoa and reduce heat. Cover and simmer 12-15 minutes or until liquid is absorbed. Fluff with fork and set aside to cool. Quinoa can be made a day ahead and refrigerated. In a small bowl, finely grate zest from a lemon, then cut and squeeze juice into the zest (can substitute with an orange). Whisk in oil, salt and pepper. In a large bowl, combine greens, beans, oranges, cucumbers and quinoa. Just before serving, add nuts and lemon dressing, toss to coat. *Serves 4-6*

**Karla R. Pals • Belmond
Prairie Energy Cooperative**

WANTED:

SPRINGTIME SALADS

THE REWARD:

\$25 FOR EVERY ONE WE PUBLISH!

Deadline is Jan. 31

Please include your name, address, telephone number, co-op name and the recipe category on all submissions. Also provide the number of servings per recipe.



EMAIL: recipes@ieclmagazine.com

(Attach your recipe as a Word document or PDF to your email message.)

MAIL: Recipes

Iowa Electric Cooperative Living • 8525 Douglas Ave., Suite 48,
Des Moines, IA 50322-2992



ELECTRIC CO-OPS ARE PREPARING FOR EXTREME WEATHER

BY SCOTT FLOOD

From the earliest days of electricity, weather has presented the biggest challenges to reliability and safety. Severe thunderstorms, tornadoes, derechos, heat waves, heavy snowfalls, flooding and ice events have long

put power lines and co-op crews to the test, including those in Iowa.

If you think storm events seem to be more frequent and more intense these days, you're not wrong. The National Oceanic and Atmospheric Administration, which

tracks weather and climate disasters causing more than \$1 billion in damage, reported an annual average of 18 such events between 2018 and 2022. That compares to an average of just 8.1 major disasters per year from 1980 to 2017.

Proactive upgrades, vegetation management

While scientists and policymakers debate the causes of our wild weather, electric co-ops are diligently working to prepare for it. From coast to coast, cooperatives are taking steps to harden the vital infrastructure that delivers electricity to our members' homes, farms and other businesses. Co-ops have been upgrading equipment and our connections to the nation's electric power grid so we can better withstand disaster-level events. We're also taking steps to prevent damage from happening in the first place.

For example, you may have noticed our emphasis on tree trimming and other vegetation management strategies. Keeping trees and branches at a safe distance from power lines reduces the potential for weather-related outages. Like you, we're sometimes sad to see our favorite trees trimmed, but many of the outages we handle every year happen when trees tangle with power lines.

Because recent wildfires have spread to places where they've previously been rare, we also need to plan for the possibility of fires in our area. Keeping vegetation away from power lines and equipment helps us prevent wildfires and limit their spread.

Hardening our infrastructure will include a long list of other strategies. We're paying more attention to the condition of our system. If one of our power poles is damaged or otherwise weakened, strong winds might bring it down and leave a big area of our community in the dark. That's why we keep an eye on all our poles and install more durable replacements when necessary.

When our crews aren't fixing problems, they're working just as hard to prevent them from happening. Poles and wires are frequent targets for lightning, so we can protect the local power grid by installing devices that safely divert surges caused by lightning strikes.

Leveraging new technology

We also invest in sophisticated management systems – what some call the smart grid – capable of drawing our attention to potential issues before they grow into problems. Paired with innovative technology like reclosers, these systems are engineered to keep your power flowing even in the toughest weather conditions (or when



Vegetation management is a preventative process to keep trees and brush from coming into contact with power lines.



Extreme storms have long put power lines and Iowa's crews to the test.

a squirrel makes a poor choice). We're also taking steps to protect substations and other important outdoor equipment from severe weather events.

Outages, availability impact costs

Power outages are just one way extreme weather can affect your energy costs. Weather extremes in one part of the country can have significant effects on energy availability and costs elsewhere. As winter temperatures drop in many areas, the demand for heating drives market energy prices up, and not-for-profit electric co-ops may have to pass those higher costs along to members.

Reducing peak energy use

You and your neighbors can help us limit the impact of those higher costs

by shifting your energy use during peak times. For example, instead of running the dishwasher in the early evening when energy costs are highest, set it to run while everyone's asleep and rates are lower. The more members who help by reducing energy use at peak times, the less everyone will have to pay for energy.

Considering the impact of potential weather disasters and implementing steps to prevent damage is just one more example of your electric cooperative's dedication to making sure your power is always ready when you need it most.

Scott Flood writes on a variety of energy-related topics for the National Rural Electric Cooperative Association, the national trade association representing nearly 900 electric co-ops.

THANK YOU FOR MAKING LIGHT UP THE NIGHT A SUCCESS

Thank you to all who made Franklin REC's third-annual Light Up the Night event possible! Together, dozens of organizations and volunteers helped the cooperative "Sleigh the Day & Light the Night" with activities all afternoon and evening long. This would not be possible without the dedication and hard work of many individuals.

Franklin REC would like to recognize the following people, organizations and businesses who graciously gave their time, talent or goods to help ensure the success of the event:

- **Santa & Mrs. Claus** for taking the time to visit us during their very busy time of the year.
- **Carlson Tree Farm** for the beautiful tree in the middle of the park.
- **Mike and Heather Holm** of Round Mound of Sound for the delightful music played throughout that afternoon and into the evening.
- **Hampton Fire Department** for hosting a tasty grilled lunch.
- **Hampton Rotary** for sponsoring the movie "Trolls Band Together" and the delicious walking taco supper.
- **Don Vosburg and Family** for the outstanding trolley rides.
- **Ron's Roofing** for the use of the lift to decorate the trees, the book raffle during story time and numerous other tasks.
- **Fareway Meat & Grocery** for assisting Santa with the treat bags.
- **First and Second Vintage** for their sensational artistry and generous donation of the parade trophy, and dedicated efforts in hosting a craft.
- **First Security Bank, First Bank Hampton, United Bank and Trust Company and Foley Ink'd** for hosting the fun afternoon crafts.
- **Rustic Brew** for roasting delectable chestnuts.
- **Ray Velasquez** for assisting with parking control during the downtown trolley rides.
- **Windsor Theatre** for hosting a wonderful movie.
- **Pit Row** for continuing the evening activities at their pub with DJ Billardz entertainment for the adult crowd.
- **Woodley Funeral Home and Crematory** for their generous donation.
- **Hampton Police Department** for their assistance during the parade and road closures.
- **Greater Franklin County Chamber of Commerce and the Franklin County Tourism** for their support of the event.
- **City of Hampton** for generously allowing us to use the park and being flexible and accommodating to all our ideas as they unfolded.

Thank you to all the individuals, businesses and organizations who participated in the lighted parade. It was a great showing of creativity and community support!



UNCLAIMED PROPERTY – IT COULD BE YOURS

Franklin REC, located at 1560 Highway 65, PO Box 437, Hampton, Iowa, 50441, is holding unclaimed property resulting from a refund due to the persons listed below. The owner may claim this property by contacting us at the address above, emailing kringleb@franklinrec.coop or calling 641-456-2557. If the cooperative does not hear from the owner within six (6) months, we are allowed to retain this property in accordance with Iowa law or deliver this property to the State Treasurer's Office for disposition as abandoned property.

Some of the names listed were sent checks that were never cashed or returned to the office. If you are holding a check, please contact the Franklin REC office. If you know the owner or are a family member of the owner, please have them contact the co-op.

Akers, Rob & Kelly	Webster City IA	Haupt, Duane	Ankeny IA	Petersen, Ralph R	Falkville AL
Allen, Ira J	Clear Lake IA	Heins, Martha E	Clear Lake IA	Pieper, Robert	Bethel AK
Anderson, Duan E	Arlington TX	Hemmes, Harlan B	Iowa Falls IA	Pierce, Lanny Jr	Hampton IA
Anderson, Eleanor J	Clarion IA	Henke Farm	Waterloo IA	Pleas, Polly	Hampton IA
Bailey, Dale L	Hampton IA	Hillers, Brian & Tabatha	Mayville WI	Rankin, Jack L (Mr/Mrs)	Iowa Falls IA
Baldwin, James C & Kristine	Manchester IA	Hislop, Scott	Mapleton MN	Rawson, Dorothea E	Sheffield IA
Barkela, Dennis	Sheffield IA	Hodak, Greg A & Allyson	Iowa Falls IA	Retleff, April	Rowan IA
Bertram, Robert E & Della M	Janesville IA	Hofsommer, Earl,	Hampton IA	Richard, Beryl	Hampton IA
Borcherding, Wayne	Latimer IA	Hovenga, Jody	Clarksville IA	Ross, Luke	Iowa Falls IA
Boor, Gerald L	Iowa Falls IA	Howey, Tami J	Bristow IA	Scallon, Jim	Ackley IA
Bowman, David	Hampton IA	Iowa Wireless Site IA01	Urbandale IA	Schilling, Mark Or Zelene	Meservey IA
Butt, Jerry, Brian Butt	Polk City IA	Jackson, Jeff A	West Des Moines IA	Schulte, Engelina	Saint Paul MN
Clark, Ellsworth	Mason City IA	James, Laura	Rockwell IA	Schutt, Shawn M	Clarion IA
Colby, Alan & Karla	Ackley IA	Jensen, Troy	Hampton IA	Shreckengost, Jennifer	Meservey IA
Coverdale, Harold & Kathleen	Pensacola FL	Johansen, Wendell D	Latimer IA	Storr, Shenna R & James	Alexander IA
Dass, Darrell D	Mason City IA	Johnson, April	Alden IA	Stover, Walter A Jr	Franklin WI
Dean, James D	Cedar Falls IA	Johnston, Amanda	Aplington IA	Sukley, Jeffrey R & Kelly	Elwood WI
DeVries, Wilbert	Sheffield IA	Klaver, Adam	Iowa Falls IA	Swift, Gladys	Iowa Falls IA
Dickman, Steve	Thornton IA	Koppen, Peggy H	San Diego CA	Tharpe, Doug	Waverly IA
Dow, Josh	Iowa Falls IA	Kothenbeutel, Daryl F	Clear Lake IA	Ufford, Benji	Dumont IA
Elling, Karla M & Austin	Ames IA	Kothenbeutel, Janice	Rockwell IA	Unger, Chris	Dows IA
Endevour Famrs	Clear Lake IA	Kreimeyer, Wallace	Dougherty IA	Vanston, Arlene R	Finley ND
Engels, Mat	Swaledale IA	Lenders Asset Mgmt	Littleton CO	Watkins, Hilary	Iowa Falls IA
Foell, Delphia M	Sheffield IA	Lockwood, Larry	Sheffield IA	Weiskamp, Randy	Hampton IA
Gerzema Bros	Iowa Falls IA	Marsh, Dale (Mrs)	Mason City IA	Weiss, Dan	Victoria Bc, Canada
Graham, Erik	Cedar Falls IA	McDowell, Sam & Rebecca	Pahrump NV	Werstein, Glenn Or Patricia	Los Angeles CA
Greve, Donald	Rockwell IA	McPherson, Tracey	Alden IA	West, Roland L	Hampton IA
Hackbarth, Dale	Iowa Falls IA	Meier, Martin	Swaledale IA	Whitley, Sanders W	Tuscumbia AL
Haller Farm Account	Jamestown OH	Meyer, Alan W	Iowa Falls IA	Williamson, Robert J	Jewell IA
Hamilton, Glen (Ella)	Box Elder SD	Meyer, Elmer R	Iowa Falls IA	Winslow, Frank	Belleville IL
Hansen Brothers Farms	Vienna VA	Miller, Cory J	Hampton IA	Wishmeyer, Jolynn	Cedar Falls IA
Happel, Anne	Des Moines IA	Miller, Donald R	Ackley IA	Wolcott, Arthur W	Manly IA
Harms, Shelly & Kent	Jewell IA	Newell, Cory	Ackley IA	Ziegler, Michael J	Hampton IA
Hartson, Daryl	Fredericksburg IA	Olson, Effie	Alexander IA		
Haugland, Gerald A & Karolyn K	Hampton IA	Pals, Dallas	Thornton IA		

CELEBRATING COOPERATIVE WORKIVERSARIES



Congratulations to Line Superintendent Scott Hagenson on his one-year anniversary at Franklin REC.

We appreciate your continued contributions to the success of our co-op.

CONGRATS, SCOTT!

FRANKLIN REC EARNS NATIONAL SAFETY AWARD



The Rural Electric Safety Achievement Program (RESAP), administered by the National Rural Electric Cooperative Association, honored Franklin REC with a safety achievement certificate after passing the multiple category assessment. This recognition celebrates Franklin REC's commitment to prioritizing safety for employees and the public. The award acknowledges the

cooperative's proactive approach in fostering a safety-focused environment for its staff, members and the communities it serves.

Franklin REC's inclusion in this prestigious national acknowledgment positions our co-op alongside fellow electric cooperatives nationwide that prioritize ongoing self-assessment and enhancement.

DESIGN A T-SHIRT FOR YOUTH TOUR AND YOU COULD WIN \$300

During the annual rural electric cooperative Youth Tour every June, Iowa participants wear matching T-shirts on each day of the trip. It's an excellent opportunity to showcase our great state while providing a unifying theme and look for the students.

This year, the Iowa Association of Electric Cooperatives (IAEC) is excited to announce a new contest for design submissions. Students across Iowa, grades 9-12, can create a unique design for the 2024 Youth Tour. If selected, the winner will receive \$300 in cash!

The idea for a statewide design contest came from Olivia Marti, Allamakee-Clayton Electric Cooperative, who is Iowa's representative on the National Rural Electric Cooperative Association's Youth Leadership Council (YLC). As part of YLC, Marti and other young leaders meet virtually and participate in leadership training, polish their public speaking, attend co-op forums, and engage in community activities like voter registration drives.

Connecting youth leaders and providing them with experiences and exposure to our nation's capital is a cornerstone of the Youth Tour program.

Q: What is the Youth Tour?
Iowa's electric cooperatives have been sending high school students to Washington, D.C., since 1958! On the weeklong tour in June, students learn about electric cooperatives, American history and U.S. government and walk away with a greater understanding of their role as American citizens. They participate in National Youth Day, visit with their elected legislators, and explore the sights around the nation's capital. In Iowa, students apply for slots from their local electric cooperative. High school students passionate about government and public service are encouraged to apply. **Learn more at iowayouthtour.com.**

Q: When is the deadline for T-shirt designs?
T-shirt designs must be submitted by midnight, March 1. Designs

should be accompanied by an application found at iowayouthtour.com and uploaded to Dropbox.

Q: What kinds of concepts would work well for design?
Since this trip is focused on learning more about government and our nation's history, the T-shirt theme centers around the seven cooperative principles and leadership. You can learn more about the cooperative principles at iowayouthtour.com. Iowa must be referenced in the design. IAEC welcomes students to use their imagination to create an eye-catching and meaningful design.

Q: Does my electric cooperative need to be part of the Iowa Youth Tour for me to participate?
No. The T-shirt design contest is open to any high school student in Iowa.

Q: Who will judge the contest?
A small group of electric cooperative representatives will vote on the winning design. The winner will be announced March 8.



2024 IOWA YOUTH TOUR T-SHIRT CONTEST

\$300 CASH PRIZE!



ABOUT THE CONTEST

- Open to any high school student (grades 9-12) regardless of co-op membership status.
- The theme is the seven cooperative principles and leadership.
- Shirt will be worn on one day of Youth Tour.
- The state of Iowa must be referenced.

TIMELINE

- Contest begins: Jan. 1
- Submissions due: March 1
- Winner Announced: March 8



Scan this code to upload your T-shirt design.

SUBMISSIONS: Entries must be submitted to Dropbox for review.

www.iowayouthtour.com

WRITING THE STORY OF A LIFETIME

BY DARCY DOUGHERTY MAULSBY

Every now and then, readers ask where I get my story ideas. Sometimes, people give me a good story lead. More often, the ideas come from paying attention, listening carefully and seeing value in things that are easy to overlook or take for granted.

I think back to last October, when I was interviewing Paul and Sally Brown at their farm between Lanesboro and Churdan. I was working on stories about Sally's quilting hobby and the Brown's Greene County barn. During our conversation about the history of the farm, Paul handed me his self-published book titled "Life is Sweet!"

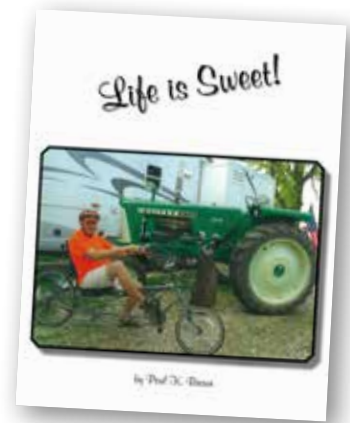
I had no idea Paul had written his autobiography – but I knew this could be a good story. I was fascinated as I flipped through the 35 pages filled with vintage photos, stories and copies of newspaper clippings. Paul wrote the book more than a decade ago when he and Sally were in Arizona for the winter. "After I got started, it was fun," Paul says. "I was excited to keep writing and share it with others."

Sledding with a Studebaker?

An autobiography like Paul's is a testament to a life well-lived. The ups and downs of everyday life provide plenty of fodder to produce an interesting autobiography. Consider this story from Paul's book:

"Probably the stupidest thing we did was in the wintertime while sledding. We used to go down hills on scoop shovels, toboggans, car hoods and tires. Sometimes, we even used a Flexible Flyer sled. This was the fastest sled around. Once, but only once, we took an old 1946 Studebaker (that my brother Earl drove) down the hill. We had four kids inside and one on each side standing on the running boards while we were going down backward and spinning the wheels forward. The car spun around a few times on the way down the hill. When we got to the bottom, we thought, 'How stupid that was!' No one wanted to try it again."

Even if you never went spinning down a hill in a 1946 Studebaker, you can



likely relate to this story. Haven't we all made questionable choices at times? Hopefully, we've learned some useful life lessons along the way, too.

Leaving a legacy

Sharing wisdom is part of leaving a legacy, which is an important part of a life well-lived. I know I'm biased, but I believe it's vital to share these experiences in a lasting format like the written word. Memories tend to fade with time. Family history vanishes if it isn't passed down from generation to generation. Stories preserved in a fixed format like a book stand the test of time.

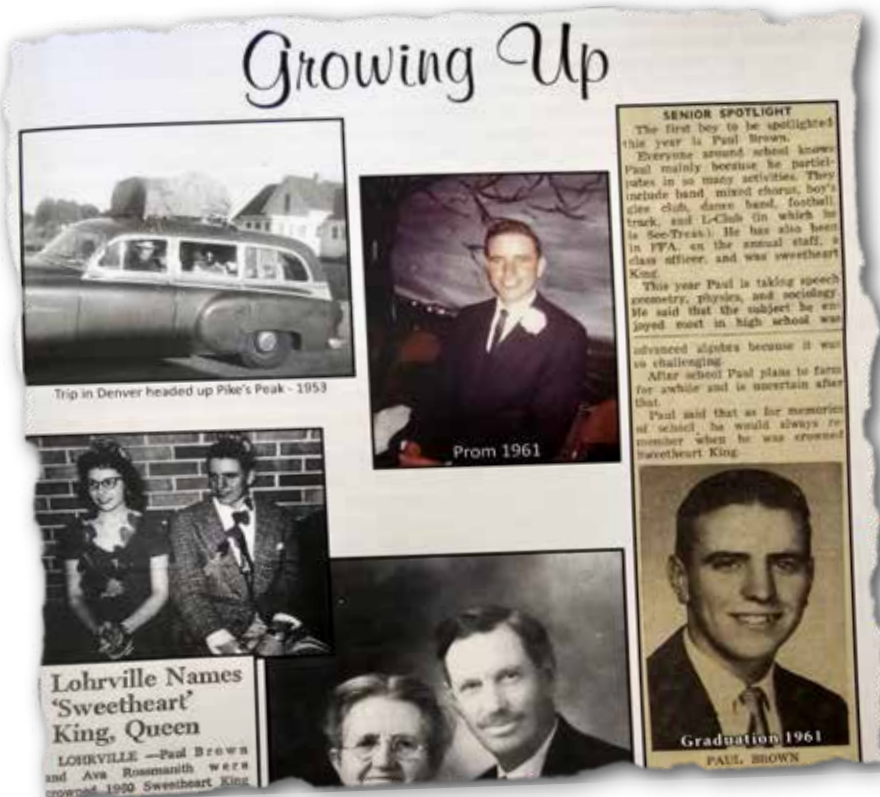
In this season of New Year's resolutions, making a commitment to writing your autobiography can offer a powerful sense of purpose. It also helps you establish deeper connections with family, friends and others who have touched your life.

Paul's daughter Heidi (Brown) Billmeier, who lives near her parents' farm, is grateful she had the opportunity to help her father document his memories.

"It's fun to read all the stories about Dad and his siblings when they were growing up," she shares. "The changes in agriculture, from when Dad started farming with his father to watching how my brother and his sons farm now, are fascinating. I'm happy our boys will have this book available to read when they're ready."

This focus on the future taps into something much deeper. Consider the immortal words of Pericles, the ancient Greek statesman and general: "What you leave behind is not what is engraved in stone monuments, but what is woven into the lives of others."

Darcy Dougherty Maulsby lives near her family's Century Farm northwest of Lake City. Visit her at www.darcymaulsby.com.





IOWA ELECTRIC COOPERATIVE LIVING

The magazine
for members of
Iowa's electric
cooperatives.

January 2024

Visit our website at www.franklinrec.coop

A photograph of two men shaking hands in a community setting. The man on the left is older with white hair and a beard, wearing a blue patterned shirt. The man on the right is younger with a beard and glasses, wearing a yellow and grey plaid shirt. They are standing in front of a table with coffee pots and a pitcher. Other people are visible in the background.

WHERE WE HAVE MEMBERS WE ACTIVELY LIVE OUR COMMITMENT



Touchstone Energy® Cooperative
The power of human connections®

As your **Touchstone Energy® cooperative**, we are your energy community. The power we provide is much more than a way to keep the lights on, it plugs into the family, friends, and neighbors that make up your local co-op.